

Learning Styles Activity

Activity created by the Keya Foundation's Communities That Care Coalition

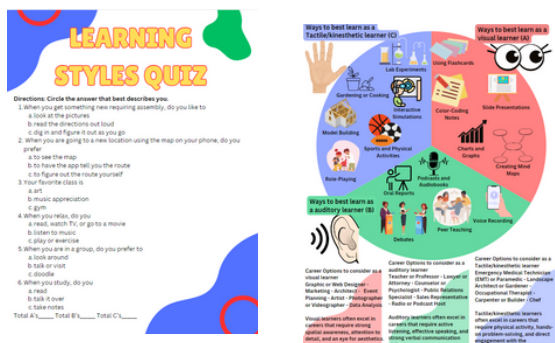


Purpose for the Activity

Helping your student discover their preferred learning styles, effective study strategies, and potential career paths that align with their strengths.

Instructions for Activity

View or print each of the following pages for the activity:



Use these pages, the discussion to complete the Activity

Before taking the quiz

- Activity Intro & **Q/A**.
- We're going to be doing a learning styles activity.
- **Q/A** Do you know what a learning style is?
- **Q/A** Can you give me some examples of how you best learn?
- **Q/A** Last Question before we move on - Why would it be good to know your learning style?

Have your student complete the quiz and tally the total of answers.

Review the second paper and discuss your students learning style (based on quiz answers) using these questions:

- Do you think you do any of the other things on the paper match what you do to learn?
- What is something you do now to help you study that matches your learning style?
- How can knowing your learning style help improve your study/work habits, and learn new things?
- How can you ask your teacher for help based on your learning style?
- What ways do you like to learn things?
- What steps can you take when the teaching style does not match your learning style to make sure you still learn something?
- Have you tried to learn something like painting or a sport? How did using your learning style help you understand?
- Are there any careers that look interesting to you?
- What are your favorite activities or hobbies - do they relate to your learning style?

Be sure to include recognition throughout the activity! Have fun!